WEEK SIX:
The Power Of Words
Healing The Hole In Your Soul

Welcome to Week Six of The 40 Day Soul Fast!

Last week we talked about the importance of identity. The Bible says God has made us kings and priests in order to reign on the earth. (See Revelations 5:10.) Peter tells us we belong to “a royal priesthood” (1 Peter 2:9).

The word royal is speaking of our kingly attributes as believers—and priesthood as being ordained to speak on behalf of God and “to bless.”

Too many of us have neglected our royal duty to decree blessings over our marriages, families, businesses, ministries, and every other realm of our lives.

The whole universe is waiting for you and I to take dominion, speak out, and give instruction. That’s what we were created to do! The Bible says, “the creation waits with eager longing for the revealing of the sons of God” (Romans 8:19 ESV).

All of creation waits in anticipation for God’s called out and anointed ones to bring it back into alignment with the Creator’s original intent – to declare His glory to the nations. (See Isaiah 25:3 and 66:19.)

Every word you speak is pregnant with regal, creative power.

“We will only arrive at our desired goals if our words are aligned with the intentions of our thoughts.”

As we said before, you were created in the image of God. One thing we know about God, is that His Word carries immense creative power and always accomplishes what He intends it to. Through the Prophet Isaiah, God said, “So shall My word be that goes forth from My mouth; it shall not return to Me void, but it shall accomplish what I please, and it shall prosper in the thing for which I sent it” (Isaiah 55:10).

That is how everything that exists was created! God spoke out what He had seen in his mind. He dreamed about creating the cosmos, but it was not until His Word framed what
He saw in His mind’s eye did the earth, the sun, moon, and stars, as well as every plant, animal, and humanity itself, appear.

Imagination has no power until it is expressed—and the most powerful expression in the universe is the spoken word. God spoke, and from “nothingness” came everything that exists in the physical universe.

Hebrews states that, “The worlds were framed by the word of God, so that the things which are seen were not made of things which are visible” (Hebrews 11:3).

Words are powerful.

Not only that, words can be dangerous. James, the brother of Jesus, said, “The tongue is a flame of fire. It is a whole world of wickedness, corrupting your entire body. It can set your whole life on fire” (James 3:6 NCV).

Listen to how The Message explains it: “It only takes a spark . . . to set off a forest fire. A careless or wrongly placed word out of your mouth can do that. By our speech we can ruin the world, turn harmony to chaos, throw mud on a reputation, send the whole world up in smoke and go up in smoke with it, smoke right from the pit of hell.”

James also told us that if we could control the tongue, we would be perfect—“if anyone does not stumble in what he says, he is a perfect man” (James 3:2). And then he gave us further insight into the power of our words by explaining that the tongue is like a small bit used to guide a horse, or the rudder of a great ship used to steer it:

“If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well. Look at the ships also: though they are so large and are driven by strong winds, they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great things” (James 3:3-5 ESV).

This is a powerful illustration of how we are to harness the power of our words in fulfilling our destiny.

“Line up your mouth with where you are going – then keep it steady and on course.”

For example, when a ship sets sail to cross the sea, the pilot plots out the course. He checks his calculations from time to time to ensure he is always headed in the right direction, and then he keeps the steering as steady as possible heading towards his predetermined destination.
Certainly, along the way, he may have to adjust the helm to go around storms, navigate currents, or avoid obstacles in the water, but he always steers with his focus more on where he is going than what he is going through. If he constantly changes the steering from one minute to the next fixated on his present circumstances, the ship is more likely to go in circles than it is to arrive at the desired port of call.

For the pilot, the course is created first in his thoughts, communicated through the rudder, and then realized as the rest of the ship lines up with his intent. For us, our lives only arrive at our desired goals if our words are perfectly aligned with the ultimate intentions of our thoughts.

You must take the time to carefully consider your course.

- Where are you heading and what will it look like when you get there?

Let your imagination take over. Spend time daydreaming about where you want to be in life. Read about it. Study that place. Write about it in your journal. Draw it. Paint it.

Let your mind run free with the possibilities of what you could attain.

Now talk about it. Line up your mouth—the rudder of your life—with where you are going. Then keep it steady and on course.

“Your every decree is pregnant with the power and potential to revolutionize your life.”

What happens to a ship if you head it in one direction at one moment, and then turn it in the opposite direction in the next—and keep doing that over and over? Pretty simple—it goes nowhere.

This is what happens when people speak about the good things they are expecting to happen one minute, and then spend the next half hour talking about all the negative things happening to them that are keeping them from getting there.

They are turning their lives in circles. They line up their spoken words with where they want to go for a little while, then when they meet a storm along the way, all they do is talk about the bad weather and lose track of where they were headed in the first place.

They forget that they have the power to turn their lives around the storm or press on through it toward the sun shining on the other side. They forget that the “Son” has never stopped shining on their lives, no matter how dark the clouds in the sky are.

Even in the midst of what looks like catastrophe, keep speaking the blessing, keep the
ship of your life on a steady course, and before you know it the storm clouds will clear and you will have broken through your difficulty and left it far behind you.

Your every decree is pregnant with the power and potential to revolutionize your life.

Words are worth your attention. Be mindful of what you are proclaiming, declaring, and asking.

“Learn the art of blessing, for in blessing a thing or a person, that thing or person must bless you.”

Proverbs 18:21, states “Death and life are in the power of the tongue, and those who love it will eat its fruit.” Choose to use your tongue to bring life and not death, to bless and not to curse—even when it comes to your “enemies.”

Learn the art of blessing, for in blessing a thing or a person, that thing or person must bless you. “Bless those who persecute you; bless and do not curse” (Romans 12:14).

When you practice the art of blessing, blessings will gravitate toward you, or as Deuteronomy 28:2 says, “blessings shall come upon you and overtake you.” Conversely, in cursing a thing or a person, you draw curses upon yourself.

Again, as James said: “A double-minded man [is] unstable in all his ways” (James 1:7).

What did he mean?

A double-minded person is a person with conflicting thoughts—someone who holds two different opinions at the same time. That person is the pilot, who steers his ship towards one port for a while, then reverses to steer it towards another in the opposite direction. “He . . . is like a wave of the sea driven and tossed by the wind” (James 1:6).

At one point your life is headed towards blessings because that is what you have spoken, and the next it is headed towards cursing because that is now what your mouth is proclaiming.

“Our daily declarations and decrees have the power to alter our destiny and change the quality of our lives.”
I am convinced that believers tend to live beneath the standard God has ordained for His children because of ignorance. We do not know that our daily declarations and decrees have the power to alter our destiny and change the quality of our lives.

Proverbs 13:3 states that “He who guards his mouth [watches what he says] preserves his life.” If guarding your words causes you to preserve your life, imagine what happens when you do not guard your words?

Speak Out Your Blessings

Place your hand directly in front of your mouth and declare out loud, “I am blessed, all of my needs are met and I have more than enough for myself, my household, and extra left over to give to others.”

Did you feel the power of those words coming forth out of your mouth like a breeze? Those same words will come back to you, manifested with hurricane force, blowing into your life abundance and blessings or lack and calamity depending on what you speak.

“Words have power, presence, prophetic implications, and no geographical limitations.”

Choose to steer your life into blessings by filling the atmosphere around you with words of faith and victory.

Words released into the atmosphere do not disappear and dissipate. Words have power, presence, prophetic implications, and no geographical limitations. They create a magnetic force that pulls the manifestation of what you speak—good or bad, blessing or cursing—from other realms, regions, and dimensions.

Did you know that some of the greatest Christians of all times were lawyers? Many in our culture today make fun of lawyers and politicians, but throughout history, lawyers have revealed some of the greatest truths about God we have ever known.

Moses was “the law giver,” and the Apostle Paul was a Sadducee—one who studied the Word of God as the law book on which to govern society. Martin Luther of the Reformation began his career as a lawyer, as did the great revivalist, Charles Finney.

What made them so powerful? They read their Bibles as lawyers would when studying to prepare a case, and they put more faith in God keeping His Word than they did in any earthly laws or political promises. Then they took those words and charged the atmosphere around them with biblical truth.
They changed their world through what they spoke.

“Speak life into your dead areas—speak light where there may be darkness—you’ll be amazed at what God’s words in your mouth will do!”

When you read the Bible, you need to take God’s Word personally. His promises are for His people, and if you have received Him as your Lord and Savior, that means you.

Speak life into your dead areas—speak light where there may be darkness—you’ll be amazed at what God’s words in your mouth will do!

This week we are focusing on the characteristics of integrity, responsibility, potential, impeccability, and compassion.

Focus on what you are saying about yourself and others. Maneuver the ship of your life by steering your tongue!

Think for a moment…

• What does that mean to you? What must happen in your heart for there to be a change in your mouth—in order to “speak for a change”? Think about how can you “speak for a change.”

Come into agreement with what God has already said in His Word about you and your situation. Get God’s Word on it. Then, fill your mouth with His promises and change your world.

Hebrews 10:23: Let us hold fast the confession of our hope without wavering, for He who promised is faithful.