

# The 40 Day Soul Fast Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <i>Awareness</i>	2 <i>Godliness</i>	3 <i>Truth</i>	4 <i>Commitment</i>	5 <i>Patience</i>	
<b>WEEK ONE: The Power of 40: <i>Enlarging Your Capacity</i></b>						
	6 <i>Capacity</i>	7 <i>Wholeness</i>	8 <i>Balance</i>	9 <i>Peace</i>	10 <i>Goodness</i>	
<b>WEEK TWO: The Purpose of a Soul Fast: <i>The Self-Leadership Challenge</i></b>						
	11 <i>Discipline</i>	12 <i>Simplicity</i>	13 <i>Uniqueness</i>	14 <i>Passion</i>	15 <i>Joy</i>	
<b>WEEK THREE: The Nature of the Soul: <i>The Essence of You</i></b>						
	16 <i>Beauty</i>	17 <i>Effortlessness</i>	18 <i>Authenticity</i>	19 <i>Focus</i>	20 <i>Order</i>	
<b>WEEK FOUR: The Property of Thought: <i>You Are What You Think</i></b>						
	21 <i>Faith</i>	22 <i>Gratitude</i>	23 <i>Destiny</i>	24 <i>Identity</i>	25 <i>Purpose</i>	
<b>WEEK FIVE: The Importance of Identity: <i>Mastering Your Mind</i></b>						
	26 <i>Integrity</i>	27 <i>Responsibility</i>	28 <i>Potential</i>	29 <i>Impeccability</i>	30 <i>Compassion</i>	
<b>WEEK SIX: The Power of Words: <i>Healing the Hole in Your Soul</i></b>						
	31 <i>Respect</i>	32 <i>Loyalty</i>	33 <i>Credibility</i>	34 <i>Temperance</i>	35 <i>Morality</i>	
<b>WEEK SEVEN: The Power of Doing: <i>God's Chosen Fast</i></b>						
	36 <i>Justice</i>	37 <i>Tolerance</i>	38 <i>Ethics</i>	39 <i>Interdependence</i>	40 <i>Community</i>	
<b>WEEK EIGHT: Sealing The Healing: <i>The Cleansing Power of Love</i></b>						